

## ARTIST STATEMENT

"My artwork is not trying to say anything. More accurately it is about saying nothing. Painting in a state of non-contemplative meditation, without a mind fixed or occupied by thought or emotion, allows space for limitless creative possibilities. Many of the great historical artists with or without knowledge produced their work from a meditative state. I acknowledge this inherent creative process and approach the canvas painting from that space.

The resulting work is "concept-less". My work could be categorised as contemporary and points to what cannot be said with words. Patterns, shapes, lines, forms and colour prevail over spiritual concepts, symbolism or themes. Paintings become intuitively balanced with complementary colours exciting the senses and compositional harmonies grounding the viewer.

An observer might see a combination of painted shapes and lines moments before cognitively making the object into "something" and mentally labelling it just that. The mind stepped in and made it a "thing". When awareness is focused on the painted surface, the identified mind is transcended. The viewer is awakened to the sacred place between thoughts. In that moment the viewer is in the very same space from which I have painted."